

Medical Aid at Sea

Offer for groups one to six persons (please contact us for groups >6 persons)

Conventional First Aid-trainings focus on the treatment of medical emergencies in the first minutes until professional help arrives.

While at sea, this help is frequently not available for hours or even days.

Severe medical situations are uncommon, but also minor problems have to be treated carefully to avoid complications and to prevent aggravations

This one-day training is completely conducted by a experienced SeaDoc physician and puts a focus on the specific characteristics of common and life threatening medical situations while at sea.

The training is eligible for medical laypersons, topics are

- important basic skills: wound dressing, wound care, immobilization
- basic examination skills
- treatment after drowning and hypothermia
- fluid- and drug-administration: intramuscular, subcutaneous
- advanced skills: suturing, advanced airway management, intravenous drug and fluid administration
- Basic and Advanced Life Support
- using the AED
- communication
- recommendations for your on-board pharmacy, your medical equipment and literature
- individual medical issues (on request)

The participants will be enabled to take care of common medical problems without the obligatory need of professional help, in more serious medical situations patients can be stabilized until help is available.

Results obtained from simple structured examination techniques allow efficient communication with Doctors or Maritime Rescue Coordination Centers MRCC.

The training is certified by the German Sailing Association **DSV**, additional certification by the **World Sailing/ ISAF** is possible.

The certificate is also recognized by the Royal Yachting Association **RYA** and the Austrian Sailing Federation **OeSV**.

All needed materials and literature (either the German „Medizintafeln“ or the English „First Aid Afloat“ are included.

Tariff: (excluding 19% German VAT, excluding further travel expenses):

- 2550,- Euro (weekdays) / 2950,- Euro (weekend days)
 - including mileage of 150km
 - overall travel time exceeding 5 hours: 500,- Euro/day
- optional DSV-/ISAF-Certificate: 55,- Euro/ person

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